

# Fredericksburg Seniors

540.371.2429

Office Hours

Monday Wednesday Friday

10:00 AM - 2:00 PM

President, Nancy Griswold (H)

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[www.fredburgseniors.org](http://www.fredburgseniors.org)

Vol. XXIV, No. 10 October 2016

## Greetings From Our President

Greetings.

As I write this I am watching a terrible (my opinion) Redskins game that for this week only, they are never going to win. I am reminded that no matter what the situation is in life--you've got to be in it to win it. I'm sure the Skins would rather be winning right now but if they just sat back and relaxed they'd never know their full potential. There are many members just like that...maybe we can get a few of them to write about it some day.

Today I am on my way to Amishland, PA. It's my first time traveling overnight with the seniors. I'm excited to see the play and to eat the food!! I'll tell you all about it next issue. I'm hoping for the best. Till then, smile and take a chance on something new.

*Nancy Griswold*

Well, it seems like Nancy couldn't wait until the next issue to share a couple of photos of her traveling mates.



*Jan & Shelton Hairfield*



Mike Milstead (left), thank you for giving us the beautiful music at our luncheon.

## September Highlights

One of the first days ever when it was women only for the Wednesday canasta group! They look pretty happy.



Below are the happy September birthday flower recipients from our September luncheon, Marge Pulliam, Parviz Zeinali, Grace Powell-Harper, Lillian Self, Dottie and Jimmy Dillard



Congratulations to Margaret T. Dix (left) on winning the 50/50 and Barbara Johnson (right)

on being the winner of our door prize, generously given to us by Bickford Assisted Living & Memory Care. They even provided the dessert.



## Statement of Income and Expenses

**August and September Statements will be published in the October newsletter**

## The History of the Fredericksburg Seniors

*(This history will be an ongoing story of this organization and will be provided as space allows.)*

As Reverend Self mentioned at our September Luncheon, the history of this organization goes back many years. In fact, the forerunner to the Fredericksburg Seniors Organization was "The Golden Age Club," which started in 1954. However, due to a lack of interest, it ended its run.

In 1968, Mary Ball Women's Club, along with several downtown churches, initiated a drive to reopen a Senior Citizens Center.

St. George's Episcopal Church donated a small parish building on Princess Anne Street. Then the renovations began! Paneling was donated and installed, carpeting was laid due to the generosity of a local merchant. Light fixtures were donated by Piedmont Electric. Montgomery Ward's contribution was the kitchen utensils, and F.W. Woolworth allowed the Mary Ball members to select art work.

One of the goals was to have a club with a relaxed atmosphere. At the time there were 25-30 members with the Mary Ball members serving as hostesses. The activities included card playing, reading, crafts, and a small kitchen where members could fix snacks.

At pot of coffee was always brewing and doughnuts were donated and brought in by Mr. Hudson and shared by everyone.

The center had an official "Grand Opening" on April 20, 1970, and was dedicated by Mayor Josiah P. Rowe. Four hundred people attended the Open House. It was a complete community effort with support from many people who helped them reach their goal. It provided

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## News from the Travel Office

Up coming travel news:

**Michie Tavern lunch trip and a visit up Carter Mountain – Oct. 27** We will leave at 9:30 am arriving at Michie Tavern for the 11:30 buffet lunch. The menu includes Southern Fried Chicken, Homemade Mashed Potatoes and Gravy, Black-eyed Peas Seasoned with Country Ham, Stewed Tomatoes, Green Beans with Ham, Cole Slaw, Whole Baby Beets, Cornbread and Biscuits with Peach Cobbler for dessert and tea or coffee. After lunch we will travel up Carter Mountain for an historical talk, a bag of 4 pre-picked apples, a cider donut and cup of cider. The cost of the trip is \$56 which covers the transportation, gratuity, meal and Carter Mountain goodies.

### **Riverside Dinner Theatre, Wednesday, November 16, 2016**

- Get ready for the Holidays and come see "A Christmas Story," a musical comedy. The cost is \$52 per person, which includes gratuity, with transportation is on your own. **Registration & payment due immediately.**



**Holiday Festival of Lights in Historic Charleston, SC 3 nights – 4 days; December 4 – 7, 2016, \$469.00** per person double occupancy Includes: 3 night hotel accommodations, 3 breakfasts, 3 dinners, James Island Festival of Lights, guided tour or Historic Charleston, tour of Nathaniel Russell House, admission to Magnolia Plantation and Gardens, and holiday shopping at Charleston's Historic City Market, luggage handling; taxes and meal gratuities; and motor coach transportation.

**Fall Cruise – 11 day/10 night Canada & New England Cruise aboard Royal Caribbean's "Anthem of the Seas" – October 11 – 21, 2017.** Bus ride to New York, stay the night then tour New York City before boarding the ship. Stops include Boston, Bar Harbor, and Portland, Maine; Halifax, Nova Scotia; and St. John's Bay, New Brunswick. Cost begins at \$1989 per person double occupancy and includes 1 night hotel

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*Travel News, Cont'd*

accommodation, breakfast at our hotel, tour of NYC, cruise, cabin, shipboard meals, port charges, and taxes. Deadline for payment is June 1, 2017. \$250 is needed to hold your reservation.

Come by the Dorothy Hart Community Center – Senior Citizens Office (M-W-F; 10 - 2) to sign up for any of these trips. If you need more information, call 540-371-2429. We do not take credit card payments for trips.

*Kathy Corley*

*History of Fredericksburg Seniors, Cont'd*

a convenient comfortable place so that seniors could get together, enjoy each other's company, make new friends and pursue interesting activities.

*(The information provided here, and the future articles, are from History, The Fredericksburg Senior Citizens Organization, 1954-2000, which was compiled by Alice Elliott, Historian and Bernadette Butler, Editor.)*

### Nominating Committee

The 2017 Slate of Officers being presented by the Nominating Committee consists of the following:

- |                     |                  |
|---------------------|------------------|
| President           | Nancy Griswold   |
| Vice President      | Sue Eley         |
| Recording Secretary | Karin Fichtner   |
| Treasurer           | Ruth Skinner     |
| Corresponding Sec'y | Marilyn Graves   |
| Historian           | Madge Haynes     |
| Chaplain            | Rev. Lowell Self |
| Parliamentarian     | Dorothy Mills    |
| Members-at-Large    | Mary Sullivan    |
|                     | Kathy Snyder     |
|                     | Barbara Johnson  |

*Ruth Skinner, Chairman*

### September Host and Hostesses

The hostesses for October will be Catherine Bullock, Anna Cox, Donna Farmer and John Tinder. The hosts and hostesses will provide the desserts, and the organization provides the meat and beverages. **All members are required to bring a covered dish (vegetables, gelatin or salads) to serve at least six or more people.** Our members look forward to some good home cooked meals. We ask members to **NOT** bring in soda or chips. Thank you!

### BINGO



Date: **October 3, 2016** - First Monday.

Time: **12:00 (New Starting Time)**

Place: Auditorium

Come enjoy playing Bingo and win some money. We have lots of fun, and a \$20 coverall prize. Only two cards per person.

Special Activities is presenting a **Halloween Party on Halloween, Monday, Oct. 31<sup>st</sup>** from 12:00 Noon - 2:00 PM. Remember to mark your calendars so you can participate. We want to see you there and the cost is \$2.00 per person.



**SAMBA** (Canasta Variant) plays every Friday at 10:00 AM - 2:00 PM in Room #3. Bring a snack and drink. Come on in and join us.



FREDERICKSBURG SENIOR CITIZENS  
ASSOCIATION, INC.  
408 CANAL STREET  
FREDERICKSBURG, VA 22401

NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE PAID  
PERMIT #258

DATED MATERIAL

### Thrift Shop

The Thrift Shop is in need of some new or slightly used items to sell. Doing some cleaning? Don't forget the Thrift Shop! Come into the shop and you might find something to buy. The Travel Committee will provide money from Thrift Shop sales to provide the monthly birthday flowers.

### Food Barrel

Please don't forget to bring in non-perishable items for the food barrel. We can make a difference if everyone coming to the luncheon will bring in a food item. We delivered **16 lbs.** of non-perishable items to the Food Bank in September. Thank you.

**Please note: No food items with an expired date will be accepted by the Food Bank. Also, please NO dented cans.**

### Calendar for October (at a Glance)

Monday, Oct. 3	<b>Bingo - 12:00 Noon</b>
Monday, Oct. 10	<b>Columbus Day (Office Closed)</b>
Wednesday, Oct. 12	<b>Board Meeting &amp; Luncheon</b>
Thursday, Oct. 27	<b>Michie Tavern Trip</b>
Monday, October 31	<b>Halloween Party</b>

### Newsletter

Newsletter Items due                      October 14, 2016  
Newsletter Mailing                          October 24, 2016