

# Fredericksburg Seniors

540.371.2429

Office Hours

Monday Wednesday Friday

10:00 AM - 2:00 PM

President, Nancy Griswold (H)

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[www.fredericksburgseniors.org](http://www.fredericksburgseniors.org)

Vol. XXV, No. 3      March 2017

## Greetings From Our President

It made me sad this past month that so many of our members have had rough times lately. Most of the cause of that is medical but I believe that still makes it a rough event. Please listen to your doctors or your social workers or even your children and do what they are advising. They do have your best interest at heart.

On a lighter note....there are only FIVE more weeks to spring—no matter what Punxsutawney Phil says! And, FOUR more weeks until Daylight Savings begins. Yippee! I saw daffodils peaking their heads up through the grass—a sure sign that more snow is yet to come! Ha.

If you haven't signed up for the day trip to the National Cathedral there's still time (May 5<sup>th</sup>) Spring!!

And just in time for St. Patrick's Day is this age old blessing:

May the road rise up to meet you.  
May the wind be always at your back.  
May the sun shine warm around your face,  
The rains fall soft  
Upon your fields and,  
Until we meet again,  
May God hold you in  
The palm of his hand.

Again, let me remind you during the winter months to please keep an ear out for the weather forecast – if the Fredericksburg schools are closed because of inclement weather, the senior center will also be closed. If schools are on a delayed opening, the Senior Center will open at 10:30 am and any

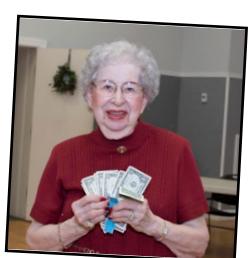
activities scheduled for that day will take place. If in doubt, please check the Fredericksburg website at [www.fredericksburg.com/app/closings/](http://www.fredericksburg.com/app/closings/) for a full list of school closings and delays. You can also check by listening to the radio and local television stations.



Nancy Griswold

## February Highlights

Birthday flower recipients for February were Leon Williams, Sharon Sampsell, Shirley Altizer, Lucretia Edreos, Mike Musatow and Kathy Corley (who was busy in the travel office to have her picture taken). Our 50/50 Winner of \$21 was Rita Morin. Congratulations to you all. Also, thanks to our own Fredericksburg Seniors for sharing their lovely voices with us.



## Statement of Income and Expenses

January 2017 STARTING BALANCE

13,653.92

### INCOME:

MEMBERSHIP	675.00
LUNCHS BOUGHT	63.00
Chicken Sold	11.00
50/50	19.00
INTEREST On Checking	.29
<b>TOTAL</b>	<b>768.29</b>

### EXPENSES:

LUNCHEON SUPPLIES	15.47 (coffee)
LUNCHEON	109.95
BINGO	.00 (not played)
NEWSLETTER	.00
Additional To CD	230.43
Insurance	336.00
<b>Total</b>	<b>691.85</b>
Ending Statement Balance January, 31 2017	13,730.36
CHECKBOOK BALANCE JANUARY 31, 2017 (new account)	13,730.36
CD Balance: 39,769.57 rollover + 230.43 =	40,000.00

Submitted by Ruth Skinner, Treasurer

## Corresponding Secretary Greetings

In January:

A condolence card was sent to:

Jane Shelhorse who is director of Fredericksburg Parks and Rec (her husband passed away the first week of January).

Get Well/Thinking of You wishes were sent to:  
Marge Pulliam, Barbara Johnson, Evadine Cooper,  
Shirley Buongiorne, Karin Fitchner, Eileen Luck,  
Mattie Martin Rose, Jim Tyson

If you know of a member who should receive a card, please notify Marilyn Graves at 786-4421 or 287-5092 (a message can be left) or by email at [gravesmmg@aol.com](mailto:gravesmmg@aol.com). Please give her the name of the person who should receive a card and please also leave your name and telephone number should she have any questions regarding the request.

If you have any questions, please contact Marilyn.

Marilyn Graves, Corresponding Secretary

## News from the Travel Office

**F**redericksburg Senior Citizen Upcoming Trips:  
**Charles Town Casino - March 9; \$35.**

**Riverside Dinner Theater** - "Saturday Night Fever" on March 15, 2017; "Some Enchanted Evening" June 21; "Seven Brides for Seven Brothers" Sept. 20. All shows are \$52 each.

**National Cathedral Flower Show - May 5th** The cost is \$40 and will leave the center at around 8:30. You can enjoy a day of looking at and possibly buying some beautiful flowers.

**Ocean City, MD/Cape May, NJ trip May 22 – 25.** The cost is \$395 double occupancy. Trip includes visit to the Ocean City Casino and Assateague Island to see the ponies. There will a day trip to Cape May with a trolley tour around the area. A \$100 deposit is due at the time of registration.

**Cruise to the Bahamas December 3 - 10** 8 days/7

nights cruise leaving out of Baltimore. We will board the Carnival Pride and travel to Grand Turk, Half Moon Cay, and Freeport, Bahamas. The cost for this wonderful 8 day trip is either \$684 or \$854 depending on cabin choice. Must register by June 9th with a \$250 deposit. Must have a Passport.



Sign up at the Fredericksburg Senior Citizens Office from 10 am until 2 pm on Mon., Wed., or Fri. We do not take credit card - only cash or check for any of the trips. You can contact us at 371-2429.

The Travel Committee, at its January 30, 2017 meeting, voted to recommend to the board that **beginning with the May 2017 Charles Town trip, members be charged \$5.00 less than non-members per trip. This applies to day trips only.**

Also, the Travel Committee requests that \$500 be transferred from 2016 trip profits to the Special Activity fund for 2017 activities, so that these activities will be free for members. These two recommendations were approved by the Board.

## Special Activities Committee

On January 23rd, the Special Activities Committee hosted the first Game Day. Marilyn Graves made delicious vegetable beef soup, and Mary Sullivan provided yummy Pineapple Upside Down cake. Many thanks to Marilyn and Mary.

Members played Canasta, Scrabble, Phase Ten and Solitaire. We plan to have another Game Day in the near future and hope you'll join us!

*Sue Eley, Vice President*

We would like to let you know what programs we have in store for you at our luncheons:

- March - The Voices
- April - Senior Singers
- May - The Lakers
- June - FRED Bus
- July - "Lindy in the Burg," Dance Demonstration

A new attraction for you! Starting in March, a **White Elephant Table!!**

Bring your items - maybe a little better than thrift shop quality. We'll price them and all the money will go into the Thrift Shop account that pays for our monthly flowers and possible table decorations. We will have a table set up for your goodies.

## Tech Petting Zoo

Technology is the way to go these days, even when it comes to reading books. But it can be intimidating to understand where to start. This class will teach you how to begin and show you all the resources available to you through the library. Bring your library card and eReader, tablet, or smart phone and get connected to the library's eBooks, eMagazines, and eAudios. **Free, but you must pre-register.** Location: Dorothy Hart Community Center.

Thursday, March 9, 7:00-8:00pm

Saturday, April 1, 10:30-11:30am

**Two additional items!** We are looking for people who like to decorate the tables for our luncheons. Please see Sue Eley if interested. Also, those of you who have received flowers in the past, could you kindly return the vases? Thank you.

## February Host and Hostesses

The host and hostesses for March will be Catherine Bullock, Anna Cox, and Leon Williams. The host and hostesses will provide the desserts, and the organization provides the meat and beverages. **All members are required to bring a covered dish (vegetables, gelatin or salads) to serve at least six or more people.** Our members look forward to some good home cooked meals.

As much as we appreciate good chips and cheese doodles, these go best with other foods - not so much with luncheon. Therefore, please bring a dish to pass for our luncheon. Ideas: baked beans, potato salad, deviled eggs, beets and on and on and on. Try out a new dish on us. We're Guinea pigs! Make it for 6-8 people and if you don't want to bring anything, just pay \$7.00 at the Guest Relations table (how do you like that Miss Millie?)

## BINGO AND CARD GAMES

Date: **Monday, Mar. 6, 2017** - First Monday.



Time: **12:00**

Place: Auditorium

Come enjoy playing Bingo and win some money. We have lots of fun, and a \$20 overall prize.

Only two cards per person.

## Mah Jongg Classes

The first and third Tuesday of the month, from 10 am to 12 pm, excluding any holiday, will feature Mah Jongg classes.

## 2017 Membership Dues

We are currently accepting 2017 dues. Please be sure to bring your blue membership card, or you will be charged \$1.00 for a replacement card. If you are mailing in your dues, please send your blue membership card, \$15.00 check (please **NO** cash), and a self-addressed, stamped envelope. If you do not have the card, please enclose an extra \$1.00 for the card. For your \$15.00 you can come play bingo once a month; come to lunch once a month, and attend a quarterly Special Activities.

Looking forward to having you join us in 2017!

FREDERICKSBURG SENIOR CITIZENS  
ASSOCIATION, INC.  
408 CANAL STREET  
FREDERICKSBURG, VA 22401

NON-PROFIT  
ORGANIZATION  
U.S. POSTAGE PAID  
PERMIT #258

DATED MATERIAL

## Thrift Shop

The Thrift Shop is in need of some new or slightly used items to sell. Doing some cleaning? Don't forget the Thrift Shop! Come into the shop and you might find something to buy. The Travel Committee will provide money from Thrift Shop sales to provide the monthly birthday flowers.

## Food Barrel

Please don't forget to bring in non-perishable items for the food barrel. We can make a difference if everyone coming to the luncheon will bring in a food item.

**Please note: No food items with an expired date will be accepted by the Food Bank. Also, please NO dented cans.**

## Calendar for March (at a Glance)

Monday, March 6	Bingo
Wednesday, March 8	Board Mtg & Luncheon
Thursday, March 9	Charles Town Casino
Wednesday, March 15	Saturday Night Fever, Riverside Theatre

## Newsletter

Newsletter Items due  
Newsletter Mailing

March 10, 2017  
March 23, 2017